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IOANNIDEIA 2019
Optimist Mediterranean
Championship

Sailing
Instructions

August 28th - September 1st 2019



Ioannideia 2019, August 28th - September 8th
5th Optimist Mediterranean Championship
SAILING INSTRUCTIONS
28th August – 01st September 2019



1. RULES

- 1.1 The regatta will be governed by the rules as defined in the **2017-2020 Racing Rules of Sailing (RRS)**.
- 1.2 No national authority prescriptions will apply.
- 1.3 The following Class Rules and instructions shall also apply:
 - I. **The International Optimist Dinghy Association (IODA)**.
 - II. The **Sailing Instructions (SI)**, and any amendments there to. In the event of conflict, the SI shall prevail.
- 1.4 Rule 61.1 "Informing the Protested" is changed as follows:
Add to rule 61.1(a) "The protesting boat shall inform the Race Committee of the boat/s being protested at the finishing line immediately after finishing."
- 1.5 If there is a conflict between languages, the English text will take precedence.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board(s) located at the Famagusta Nautical Club (N.O.A.) Race Office.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the Sailing Instructions will be posted before 11:00 on the day it will take effect, except that any change to the schedule of races will be posted by 20:00 on the day before will be take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed at the Famagusta Nautical Club (N.O.A.).
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in the race signal AP.

5. SCHEDULE OF RACES

- 5.1 Program
Wednesday 28th of August
Registration 10:30 - 13:30 and 14:30 – 17:30
Practice Race 14:30
Thursday 29th of August
Registration 10:00 - 11:00
Coaches meeting 11:00
Races (First warning signal) 13:30
Friday 30th of August
Coaches meeting 11:00
Races (First warning signal) 13:30
Saturday 31st of August
Coaches meeting 11:00
Races (First warning signal) 13:30
Beach Party for All 18:00
Sunday 1st of September
Coaches meeting 10:00
Races (First warning signal) 12:00
No warning signal after 15:30hrs
Price giving 17:30
- 5.2 In total **(12)** races are schedule, with up to 3 races to be sailed each day.
- 5.3 On the last day of racing, no warning signal will be made after 15:30.



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6. CLASS FLAGS

- 6.1 Class flags will be White bearing a blue IODA logo.

7. RACING AREAS

- 7.1 The designated racing area shall be on the waters around and in front of the Famagusta Nautical Club (N.O.A.) or its approaches.

8. THE COURSES

- 8.1 The diagram in Appendix I show the courses that may be used, including the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.

9. MARKS

- 9.1 All turning marks shall be inflatable orange buoys.
9.2 A cylindrical Orange buoy or a boat with an orange flag will be used as the start/finishing pin end mark.

10. AREAS OF OBSTRUCTION

- 10.1 Swimming Area. Sailors should avoid entering the swimming area marked by red small buoys along the coast line.

11. THE START

- 11.1 Races will be started by using Rule 26 with the warning signal given 5 minutes before the starting signal.
11.2 The starting line will be between the race committee signal boat's mast, bearing an Orange flag and an Orange buoy or a boat with an orange flag situated at the pin end.
11.3 A boat starting later than 4 minutes after her starting signal will be scored Did Not Start (DNS). This changes Rule A4 and A5.

12. CHANGE OF NEXT COURSE LEG

- 12.1 To change the next leg of the course, the race committee will lay a new mark and remove the original mark as soon as practicable.

13. THE FINISH

- 13.1 The finish line will be between the race committee signal boat's mast, bearing an Orange flag and an Orange buoy with an orange flag situated at the pin end.

14. PENALTY SYSTEM

- 14.1 Rules 44.1 and 44.2 are unchanged for all divisions.
14.2 As provided in Rule 67, the Protest Committee may without a hearing, penalize a boat that has broken Rule 42. There may be a Jury afloat for observance of Rule 42.

15. TIME LIMITS

- 15.1 The time limit for the first boat to finish is 75 minutes for all divisions (the target time for the first boat to finish is 45 minutes)
15.2 The Mark 1 time limit will be 20 minutes. If no boat has passed Mark 1 within the Mark 1 time limit, then the race will be abandoned.
15.3 Boats failing to finish within 15 minutes after the first boat sails the course and finishes, will be scored Did Not Finish (DNF).



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16. PROTESTS AND REQUESTS FOR REDRESS

- 16.1 Protest Forms shall be available at the race office. Any protest shall be delivered there within the protest time limit.
- 16.2 The Protest time limit is 60 minutes after last boat has finished the last race of the day, or the race committee signals no more racing today, whichever is later.
- 16.3 Notices will be posted within 30 mins of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Race Office located at the N.O.A. clubhouse.
- 16.4 Notices of protests by the Race Committee or Protest Committee will be posted to inform boats under Rule 61.1(b).
- 16.5 A list of boats that, under SI 14.2, have acknowledged breaking rule 42 or have been disqualified by the protest committee will be posted before the protest time limit.
- 16.6 Breaches of SI 10, 18, 19.2, 22, 23 and 24 will not be grounds for a protest by a boat. This changes Rule 60.1(a). Penalties for these breaches may be less than disqualification if the protest committee so decides. The scoring abbreviation for a discretionary penalty imposed under this instruction will be (DPI).
- 16.7 On the last day of the series a request for reopening a hearing shall be delivered if:
- I. It's still within the protest time limit and if the party requesting reopening was informed of the decision on the previous day.
 - II. Its no later than 30 minutes after the party requesting reopening was informed of the decision on that day. This changes Rules 62 & 66.
- 16.8 Decisions of the protest committee will be final as provided in Rule 70.4.

17. SCORING

- 17.1 The Low Point Scoring system shall be used.
- 17.2 Three **(3)** races are required to be completed in order to constitute a series.
- 17.3 When:
- I. **One to Five** races have been completed; a boat's series score will be the total of his/her race scores.
 - II. **Six to Nine** races have been completed; a boat's series score will be the total of his/her race scores excluding his/her worst score.
 - III. **Ten to Twelve** races have been completed; a boat's series score will be the total of his/her race scores excluding his/her worst two scores.
- 17.4 To request correction of an alleged error in posted race or series results, a boat shall complete a scoring enquiry form available at the race office.
- 17.5 Scores accumulate to the sailors and not the boat they sail in.

18. SAFETY REGULATIONS

- 18.1 No boats are to be launched before the appropriate signal described in SI 4.2 is displayed.
- 18.2 All competitors should wear a personal flotation device at all times when afloat. If the buoyancy device is of an inflatable type it shall be inflated at all times while afloat.
- 18.3 A boat that retires from a race shall notify the race committee, as soon as possible.

19. REPLACEMENT OF CREW OR EQUIPMENT

- 19.1 Substitution of competitors will not be allowed.
- 19.2 Substitution of damaged or lost equipment must be notified to the race committee at the first reasonable opportunity. The original damaged items and the new equipment must be presented to the race committee for measurement. A sailor may be disqualified if the replaced equipment is not within class measurements.



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20. EQUIPMENT AND MEASUREMENT CHECKS

- 20.1 A boat or equipment may be inspected at any time for compliance with the class rules and sailing instructions. On the water, a boat can be instructed by a race committee measurer to proceed immediately to a designated area for inspection.

21. OFFICIAL BOATS

- 21.1 Only Official boats appointed by the race committee are allowed on the course areas.

22. SUPPORT BOATS

- 22.1 Team leaders, coaches and other support personnel shall stay outside areas where boats are racing from the time of the preparatory signal until all boats have finished or the race committee signals a postponement, general recall or abandonment.

23. RADIO COMMUNICATION

- 23.1 A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile telephones, radios, hand or other visual or verbal signals from spectator boats or outsiders.

24. TRASH DISPOSAL

- 24.1 Competitors shall not dispose of trash in the water. Trash may be placed aboard support and official boats. Water bottles should be tied into boats using shock cord to prevent loss during manoeuvres.

25. PRIZES

- 25.1 Prizes will be given to those placing in the First, Second and Third position, Boys & Girls, in each division of four boats and over.
- 25.2 The Prize giving presentation will be held at the N.O.A. clubhouse after the last race on Sunday 1st September 2019.
- 25.3 Honorary Diplomas to All

26. DISCLAIMER OF LIABILITY

- 26.1 Competitors participate in the regatta entirely at their own risk. See RRS Rule 4, "Decision to Race". The organizing authority will not accept any liability for damage or personal injury or death sustained in conjunction with or prior to, during, or after the regatta.
- 26.2 By launching, competitors declare that they are fit and able to stand the present weather conditions. The fact that the race committee will provide rescue boats will not remove from competitors the responsibility they have accepted by participating in this regatta.
- 26.3 Each competitor is individually responsible for wearing a personal flotation device adequate for the conditions. This flotation device shall be worn at all times when afloat. Wet suits or similar equipment will not be considered an adequate personal flotation device.



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APPENDIX I

Illustration of the course configurations.

Any course configuration must be sailed leaving all marks to PORT as follows:

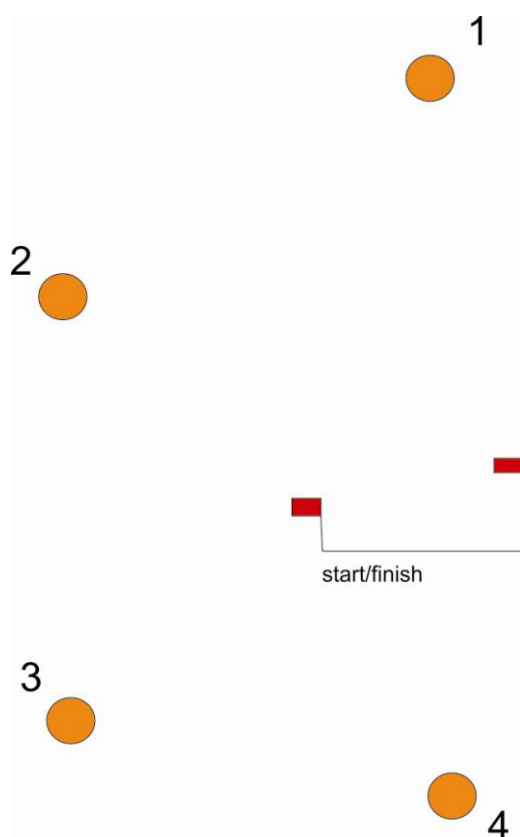
Novice Division shall always sail course 1

Course 1: **Start - 1 - Finish**

Course 2: **Start - 1 - 2 - 3 - 4 - Finish**

Course 3: **Start - 1 - 2 - 3 - 2 - 3 - 4 - Finish**

Course 4: **Start - 1 - 2 - 3 - 2 - 3 - Finish**



National Jury

Fotis Protopapas

Harris Tsolis

Stelios Charalambous

Chairman

Member

Member

Race Officer:

Panicos Patsalides

Assist. Race Officer A:



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*For further information please contact the
Famagusta Nautical Club Secretary General
Mr. Stelios Charalambous by e-mail at
ioannideia@famagustanauticalclub.com or Telephone +357 97 777202.*

